

Have You Gotten Quick Answered Prayers From The 3 Expert Fasting Tips Of A Verbally Abused Woman?



By David Hopkins

If you're missing the three fasting tips that spark the fastest way to get the results you want through answered prayer by responding the same way as demonstrated by this verbally abused and mentally oppressed woman, then listen to this.

In Isaiah 58:9 the Bible lays out three requirements of a successful fast that get the results of answered prayer of whatever you want or need.

The Bible says.

"Then shalt thou call, and the LORD shall answer; thou shalt cry, and he shall say, Here I am. If thou take away from the midst of thee the yoke, the putting forth of the finger, and speaking vanity;"

But watch this.

In the book of 1 Samuel, Hannah demonstrates how true this verse really is when she earnestly fasted for three days for a male child while being viciously teased by her husband's other wife Peninnah because Peninnah had children and Hannah did not.

Hannah's Success In Fasting Tip #1 - Get Rid Of The Yoke, I Mean The Fear

If there is something that you really, really desire but can't have because of circumstances that are out of your control and someone teases you and rubs it in your face and you respond to it almost instantly.

Then I'm sorry to say this but...

The devil has located the thing that you fear the most and will attack that fear as much as possible in an attempt to destroy you.

Fortunately for you there is a way out, but it's not easy.

1 Samuel 1:13 "Now Hannah, she spake in her heart; only her lips moved, but her voice was not heard..."

What was she doing?

Give up?

She was meditating on the scriptures that was in her heart and returning it back to the lord in prayer. Isaiah 58:11

So despite the fact that she was being ruthlessly teased into tears because she couldn't have any children she managed not to react violently in response to her most painful fear by turning to meditating on the word of God.

Therefore she effectively got rid of the fear which allowed God to give her what she asked for in prayer.

This was not an overnight process as some people would have you to

believe.

These types of results take practice and sometimes practice doesn't come until you're as desperate as Hannah was.

Why do you think Jesus asked people "do you believe I am able to do this" before He healed them? (Mt 9:28)

Or sometimes He said "your faith has made you whole".

And sometimes He even had to kick people out of the room who didn't believe. (Mk 5:40)

It's Because God refuses to operate where fear is present.

Hannah's Success In Fasting Tip #2 - Don't Blame Anybody, Not Even Yourself

I don't know your personal situation or how you were raised but I know mine and to be honest the devil would've loved it if I had responded in anger by blaming my mom and dad for not setting me up to be successful in life.

Which I didn't.

But unfortunately He had another trick up his sleeve which had me brutally blaming myself.

And the worst thing of all would be to blame God.

The one who cares for you the most.

In which the first two "finger pointing" responses can easily lead to.

But what people fail to realize is pridefully puffing up your chest in response to a challenge and blaming someone else is just another fear-based reaction just like if someone was to walk away from a challenge and not blame anyone based on fear but the excellence of walking away and

not blaming is obedience.

Which is better than sacrifice. (1Sa 15:22) (Pr 21:3)

Sorry, but you just have to look like a coward sometimes.

Hannahs Success In Fasting Tip #3 - Don't Talk Bad About Anyone, Not Even Yourself

Now, if Hannah would've "spoken vanities" as the Bible puts it and responded in anger against Peninnah the way society thinks is O.K. because she started it by teasing her, then she would have been admitting she had this fear and God would not have been able to bless her with her hearts desire.

And worst of all the devil now being aware of this fear would've sent tormenting demons to harass her especially since she was a child of God.

But she knew this, as we find out later by the way she responded after God had blessed her with her male child when she said.

"Talk no more so exceeding proudly; let not arrogancy come out of your mouth: for the LORD is a God of knowledge, and by him actions are weighed."

And she wasn't just referring to the action of prayer and fasting but also to the actions of not responding in fear, blaming, and yapping.

Hannah's Success In Fasting Tip Unexpected Special Can't Go Wrong Over The Top Bonus - Offer God An Irresistible Deal Based On Your Hearts Desire That Will Benefit The Kingdom Of God

Was Hannah a salesperson?

She could have fooled me especially since she made God an irresistible offer that He just couldn't refuse similar to the ones you see on the late night or early morning infomercials.

She said.

1 Samuel 1:11 "...if thou wilt indeed look on the affliction of thine handmaid, and remember me, and not forget thine handmaid, but wilt give unto thine handmaid a man child, then I will give him unto the LORD all the days of his life..."

That kind of sounds like a lifetime money back guarantee don't you agree?

So not only did she refrain from responding in fear, finger pointing, and talking trash which is the only other three requirements of answered prayer while fasting besides the three requirements I talked about in [The Ironic Biblical Fasting Secret Of This Poor Broke Widowed Woman](#).

But she also made it beneficial for the kingdom of God as well.

Which, in case you didn't know, is God's biggest concern.

And not to mention the fact that she could have stopped right there and God would have had to bless her anyway.

Yeah I know, Hannah was a suck up.

But Hannah went on to keep her promise, have more kids and lived happily ever after free from her most powerful affliction.

The End.

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