

## Do You Serve God The 3 Ways He Created You To?



By David Hopkins

If you want to know the three ways to serve God the way He created you to, so you can do it, and live a happy fulfilled life full of blessings and health, then listen to this.

I don't know if you realize this or not but you are a three part being who consists of a spirit, a soul and a body.

And since this is the case it's possible to serve God in all three areas of your life.

However, the first step requires you to get your mind off of your life and on to the Bible.

**Serving God with your soul by renewing your mind through meditation and casting down imaginations.**

Reading the Bible is a great way to build your faith in the word of God and I highly recommend that you do so, but meditating on the Bible is the fastest and most efficient way to renew your mind and get the results you want.

And It's not even that hard.

All you have to do is simply keep saying scriptures in your head and roll that word around until more wisdom shows up concerning those scriptures.

This leads to getting revelation knowledge and is available for anyone who chooses to take the time to meditate on the Bible.

This way once you get a strong image of that targeted scripture in your mind God can then remove any problem or fear that is stopping you from believing the right things when you pray.

Which is critical to your success because without faith it is impossible to please Him. Hebrews 11:6

But the hard part is convincing yourself to take your mind off of your problems or distractions long enough to spend time meditating on targeted scriptures from the Bible which can overcome any problem or fear and help you get instant answers to your prayers.

Another key to meditation is a technique called casting down imagination and bringing every thought to the obedience of Christ. 2 Corinthians 10:5

This works the same way as normal meditation but is more targeted and focused on destroying limiting fears and limiting ways of thinking that prevent God from working miracles in your life because of your unbelief.

When fear arises in your mind (and I'm sure it does all the time) you simply fight it by saying targeted scriptures repeatedly out loud with emotional force.

It works the best if you yell at the top of your lungs in a room full of people who look at you crazy.

Just kidding.

But a room full of people should not stop you from practicing this technique.

Remember God is first.

But let's say you wake up in the middle of the night sweating profusely

from a bad dream and begin to think something bad will happen repeat a verse from psalm 91 like, "I will say of the LORD, He is my refuge and my fortress: my God; in him will I trust." out loud repeatedly to cancel out the fear and set your mind in the right direction.

Meditation is all about changing your way of thinking in a way that allows you to do the word of God and return His word back to Him in prayer with confidence.

For more information on how to do this read this [christian guided meditation](#) article.

### **Serving God with your spirit by praying the word of God without ceasing or stopping.**

Praying at night or in the mourning for a set period of time for other peoples needs that match your exact need is a great way to get your needs met and especially if you're praying in tongues.

But Prayer should not be limited to being on your knees alone in a closet with your eyes closed.

And here's why.

Every word you say whether you're in your prayer closet or not is used to create images in your mind that help guide your decisions.

So why not practice speaking the word of God all the time in every situation.

Sure, some people might get offended but what's more important to you God's will or what people think?

For example if you're having a conversation with someone about the pain you have in your knees this would be a perfect time to confess how "through the stripes of Jesus you are healed" and "how you are more than a conqueror through Him that loves you" and "how whatever you ask the

father in Jesus' name He will give it to you" this way you'll be sending Gods word back to Him and doing what true prayer really is.

The more you say it the more you'll believe it and the chances of your knee being healed will increase every time because of your increased faith.

And eventually your knee will be healed.

This is more effective than just praying fifteen minutes or so a day because you're always faced with opportunities to speak the word of God to yourself and to other people through-out the day with multiple chances to prove and improve your faith in the word of God at any time.

And if needed God will react instantly on your behalf at the time when you need Him to the most in defense of His own word.

After all He's the one that said it.

And believe me God is not mocked He'll do it just to make a point to the other person as well.

### **Serving God with your body by walking in the spirit and denying the flesh**

O.k, if you're doing the first two steps this last step will be easy for you but if not it will be the hardest thing you'll ever try to do in your life and you might get offended.

But oh well, I warned you.

Fasting from the things you desire the most is a tremendously and highly efficient way to get major blessings and instant answers to your prayers and when combined with the first two steps you can't be stopped.

It's true, fasting from eating food is a great way to show God your heart by denying your flesh but have you ever tried fasting from television, computer, telephone, drinking, shopping and people while at the same time fasting from eating food?

And during this time have you (when not sleeping) meditated, read and studied the word of God?

I didn't think so and to be honest I've never done it to this extreme either, but we know someone who has.

Jesus said to his disciples in Matthew 17:20 that, certain demonic spirits can only be cast out by prayer and fasting, and before He said that He said, if they had faith as a mustard seed they could move mountains.

Then He proceeded to cast the demon out like it was nothing.

But the question was, why wasn't His disciples able to cast out the demon?

And the answer is, because you need prayer and fasting together in order to build up faith like a mustard Seed which will allow you to cast out certain demons and to move mountains.

Now, we know that Jesus went forty days and nights fasting alone in the desert meditating and praying the word of God. Matthew 4:1-11, Luke 4:1-13.

Considering the difficulty involved and the fact that He was able to resist the devil at the end, I think it's safe to assume that's what allowed Him to build up faith as a mustard seed and thereby easily cast out that stubborn demon in the presence of His astonished disciples.

But also In Matthew 9:14 we see that His disciples did not fast at all.

Because the disciples of John the baptist asked Jesus why they fasted all the time and His disciples never fasted.

Which leaves me to believe fasting in combo with prayer and meditation was the practices that put Jesus over the top in power and authority which allowed Him to perform miracles like you breath air.

Yeah I know, Jesus was the son of God, but being that disciplined had to

take years of practice on the three techniques that allow you to serve God the three ways He created you to.

Still, it's up to you to decide how much power and authority you are willing to suffer for, and believe me you will suffer.

And what's painful to most people is that your relationships will suffer.

But you won't suffer for nothing because God will out bless your suffering more than you can ever dream of or imagine.

And always remember, this is for the good of the kingdom of God and not for your own personal good which will be taken care of anyway when you take care of the kingdom of God first.

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